

Chicago Ridge Park District

**WINTER
2023-2024**

BOARD OF COMMISSIONERS

Rob Pratl

Mary Crout

Dave Conrad

Jamie Albon

Bob Meyer

Commissioners

THE CHICAGO RIDGE PARK DISTRICT BOARD OF COMMISSIONERS

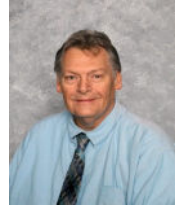
The Park Board is composed of five non-paid individuals, selected by you, to serve elected terms. The board is primarily a policy-making body that reflects the needs and interests of all taxpayers. The Board of Commissioners meets on the second and fourth Wednesday of each month at 7:00pm at the Freedom Activity Center, 6252 W. Birmingham. The public is welcome to attend.

Rob Pratt



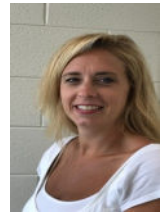
Rob is the President of the Board of Commissioners and is currently serving his sixth elected term. During this time Rob has overseen the renovation of every playground in town along with the construction of Ball Fore Miniature Golf and Batting Cages and the Lily Pad Splash Pad. While improving and adding to our residents' recreational needs, Rob has been able to help maintain an A+ rating from Standard and Poor's. This reflects a positive performance of very strong cash reserves and credit characteristics. Moving forward, Rob has been instrumental in the District's push to go solar. Lily Pad was the final solar project at this time, making it our fourth building, along with Frontier, Freedom, and Ball Fore to have a solar grid. These projects have been done at no cost to the District, saving taxpayer dollars while helping the environment and reducing our carbon footprint. Some other things to look for in the near future will be the continued installation of cameras at some of our playgrounds. These cameras will not only help protect our playgrounds but also our patrons. Rob is married to Kathy and they have three sons. Rob is a member of the Village Planning and Zoning Board. Rob is a member in good standing of the IBEW Local 134.

Dave Conrad



Dave and his wife, Judy, have been life-long residents of Chicago Ridge. Dave is on his fourth term and is the chairman of maintenance. Dave holds a degree in criminal law and business. He feels the parks help keep the community together. Good parks are a must and Chicago Ridge has some of the best around.

Jamie Albon



Jamie and her husband, Rich, have lived in Chicago Ridge for over twenty years. Their four children have enjoyed the many facets of what the Chicago Ridge Park District has offered throughout the years, from the classes to the playgrounds to the walking paths. Their fun-filled days in the parks positively impacted them as they continue to grow into adults. Jamie has a Master's degree in Education and another in reading. She has taught in a local school district for twenty-one years. Jamie is a former school board member who believes the needs of children come first. She feels parks provide an atmosphere for children and families to play and grow together. The parks are the center for learning, teamwork, developing an imagination, and an overall love for the outdoors.

Mary Crout



Mary is Vice President of the Board of Commissioners and is serving her fifth elected term. Mary holds a Bachelor's degree in Recreation Administration from the University of St. Francis and a Master's degree in Public Administration from Governor's State University. Mary recently retired from the Oak Lawn Park District after a career that spanned 22 years in a variety of positions, most recently Safety Coordinator and Aquatic Supervisor. She is active in Illinois Association of Park Districts, serving on the Distinguished Agency Accreditation Review Committee. Mary and her family have lived in Chicago Ridge for 34 years. Mary is committed to maintaining the quality of the parks and facilities for all of the current and future residents of Chicago Ridge.

Bob Meyer



Bob is a longtime resident of Chicago Ridge. He grew up enjoying the Chicago Ridge Park District fields, camps, and outdoor activities within the community. He has a Bachelor of Science Degree in Construction Technology from Purdue University, and his many years of experience building athletic and recreation facilities throughout the Chicagoland area is an asset for our Park District. Bob feels the purpose of the Park District is to enrich our community with exceptional recreation, parks, and facilities that inspire memorable experiences, and he is proud to be a part of that experience as a Park District Board Commissioner. He is married to Cindy and they have a daughter Heidi.

Our Mission

It shall be the policy of the Chicago Ridge Park District to establish, expand, and improve park and leisure time opportunities, maintain park properties and facilities in a safe and attractive manner, and strive to obtain available land for future generations.



YOU CAN NOW TEXT US!

Stay informed about programs, facilities, and more! Ask a question, get specific information all via texts. Simply text **708-634-5007** to get information. If you want us to text you when new things are coming, choose the categories you want information on and opt in. There are 2 ways to opt in. Choose the categories, hover your phone's camera over the QR code and follow prompts, OR text FOLLOW#(insert category name) to **708-634-5007**.

	Youth Classes #CLASSES		Fitness Classes #FITNESSCLASSES		Senior Activities #SENIORS
	Events #EVENTS		Fitness Center #FITNESSCENTER		Ball Fore #BALLFORE
We look forward to staying connected with our residents using this brand new service!					Lily Pad #LILYPAD

HOW DO I REGISTER?

- Begin by going to our website: www.chicagoridgeparks.com
- Find the program you want to sign up for and click on it.
- You will see a button that says "REGISTER NOW", click on it.
- If paying ONLINE, fill out the required information and submit. You will receive a confirmation email with program information.
- If paying in person, click the mail in

PHOTO POLICY

The Chicago Ridge Park District frequently takes photos of program participants. These photos are used in both park district publicity and photo albums on our website and social media platforms. If you do not want your photograph taken please notify staff. Parents/Guardians must notify staff if they do not want photographs taken of their children.

SPECIAL RECREATION

What is Special Recreation? Special Recreation provides year-round recreation programs for individuals of all ages with special needs. The Special Recreation Program of Oak Lawn is proud to offer a variety of programs. Through a cooperative agreement, residents of Chicago Ridge may participate in our Special Recreation programs at Oak Lawn resident rates. For more information, call 708-857-2420.

To view the online brochure, visit www.olparks.com

MILITARY REGISTRATION (U.S. ARMED FORCES)

In support of the troops, the Chicago Ridge Park District Board of Commissioners is offering an active duty and veterans military discount to residents of Chicago Ridge.

This will allow any resident that is an active duty military person or a veteran complete fee waiver of all Chicago Ridge Park District facilities, classes, and special events (excluding contracted classes/events).

For details contact the Frontier Fieldhouse at 708-423-3959.

Program Locations

The Chicago Ridge Park District offers programming at multiple park district facilities. Please find the addresses below.

You can visit the Frontier Fieldhouse to register, fill out a permit, or to get more information.

You can also call 708-423-3959.

BALL FORE MINIATURE GOLF & BATTING CAGES

6701 W. 107th Street

FREEDOM ACTIVITY CENTER

6252 W. Birmingham Ave

FRONTIER FIELDHOUSE

9807 S. Sayre Avenue

LILY PAD SPLASH PAD

6246 W. Birmingham Ave



Holiday Events



CHRISTMAS AT BALL FORE
Saturdays December 9th & 16th
4:00pm-8:00pm
FREE EVENT
Ball Fore

Meet Santa, see live reindeer, and visit the golf course with over 25,000 lights and more than 20 inflatables. Wander through the miniature golf course and let the holiday season surround you in lights and music. Stop and visit with Santa and Mrs. Claus. See live reindeer up close! Enjoy some hot chocolate and other warm treats! Don't miss this magical event!

ST. VINCENT DE PAUL FOOD DRIVE
Saturday December 9th at Freedom Activity Center 9:00am-12:00pm
Saturdays December 9th & 16th at Ball Fore 4:00pm-8:00pm

Help the Chicago Ridge Park District spread holiday cheer in our annual food drive. Bring canned and boxed food items along with personal care items to Ball Fore during the Christmas event! All donations will go to St. Vincent de Paul and their food pantry.



PIZZA WITH THE GRINCH
Friday December 8th
6:00pm-7:30pm
\$10 Resident \$15 Nonresident
Freedom Activity Center

Get your Grinch on again this holiday season! Join us for pizza and a meet and greet with none other than the Grinch himself. This event fills quickly, so please register early to get your spots! No tickets will be sold at the door.

REGISTER BY DECEMBER 4TH

HOLLY JOLLY TROLLEY
Saturdays December 9th & 16th
Choose a time to ride: 5pm, 6pm, 7pm
\$30 Resident Family of 4/\$8 additional person
\$45 Nonresident Family of 4/\$12 additional person
Ball Fore



Climb aboard the trolley as it takes its riders throughout the village to see the holiday lights! Board the trolley from Ball Fore and enjoy the lights from inside a warm trolley.

This event sells out quickly, so get your tickets now!

Trolleys cannot accommodate strollers or wheelchairs. You must register for a specific date and time. Tickets are non-refundable. Tickets are only valid for the trolley time purchased.

Holiday Events

LETTERS TO SANTA

December 1st -20th

FREE

Frontier Fieldhouse

Chicago Ridge residents are invited to bring a letter in to Frontier Fieldhouse to send to Santa. Santa will answer your letter and send it in the mail. Please make sure to include a return address! Letters must be sent to a Chicago Ridge address.



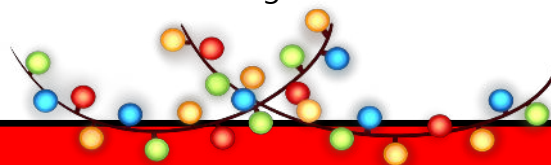
HOLIDAY LIGHT GIVEAWAY

Begins December 1st

FREE

Frontier Fieldhouse

Residents can sign up beginning December 1st, and receive one set of lights (while supplies last). Once you have your lights, simply decorate the outside of your home and be included in our BRIGHT LIGHTS TO SEE page on our website. For more information call 708-423-3959. ONE set of lights PER HOUSEHOLD.



HOLIDAY HOUSE DECORATING CONTEST

Show your holiday spirit this season by turning your house into a "Winter Wonderland". Call the Chicago Ridge Park District at 708-423-3959 between November 27th and December 8th to register your home. Voting will take place December 11th-December 15th on our website, www.chicagoridgeparks.com.

The winner will be announced on Monday, December 18.th

Family Events

FAMILY NERF WARS

Friday November 10th

7:00pm-8:30pm

\$5 Resident \$10 Nonresident

Frontier Fieldhouse

Ages 5+

Grab those empty Nerf guns and head to Frontier Fieldhouse for 90 minutes of dart blasting fun! Eye protection provided and required to play. Darts will be provided.

REGISTER BY NOVEMBER 6TH



INCREDIBLE INFLATABLES!

Frontier Fieldhouse

Saturday January 13th

3:30pm-6:00pm

\$8 Residents \$12 Nonresidents

ONLY PAY FOR CHILDREN

Ages 3-12 with adult

Frontier Fieldhouse will be transformed into an inflatable paradise with obstacle courses and bouncy houses. Concessions will also be available for purchase.

MUST REGISTER BY JANUARY 9TH

ROCK, ROLICK, & ROMP

Friday January 19th

7:00pm-8:30pm

Freedom Activity Center

Ages 5-14

\$10 Resident \$15 Nonresident

Climb the rock wall, challenge yourself to beat the clock, and blast away with Nerf battles, this event has it all. Minute-To-Win-It challenges, Nerf wars, and rock climbing await you in this fun evening! Bring a Nerf Gun! Popcorn and lemonade will be served as well!

MUST REGISTER BY JANUARY 15TH



CANDY MAKING CLASS

Tuesday February 6th

7:00pm-8:00pm

Freedom Activity Center

\$8 Resident \$13 Nonresident

Ages 5+

Learn how to make easy chocolate candies from scratch. Items like Turtles and chocolate covered peanuts will be created. (Exact candies are determined by instructor.) **Children MUST be accompanied by an adult 18+ years old.**

MUST REGISTER BY FEBRUARY 2ND

Youth Programs

PLAY & LEARN



Thursday November 9th, December 7th, January 11th, February 8th

9:30am-11:00am

\$10 Resident \$15 Nonresident (EACH CLASS)

Ages: 2-4 (w/adult)

Freedom Activity Center

Together with the instructor, families can enjoy the classroom filled with all sorts of areas to explore. Games, songs, art, and more will engage your little ones. Only children enrolled may attend this program. Caregivers must remain with children.

MUST REGISTER BY NOVEMBER 5TH, DECEMBER 3RD, JANUARY 7TH, FEBRUARY 4TH

GRANDPARENT & ME ART

Tuesday November 14th, December 12th, January 9th, February 13th

10:00am-11:00am

Ages: 2-4 years (w/grandparent)

\$8 Resident \$12 Nonresident CHILD ONLY (EACH CLASS)

Freedom Activity Center



Grandparents, are you looking for something fun to do with your younger grandchildren? Art materials will be set out to explore with instructor guidance. Get messy and enjoy some quality time together!

Only children enrolled may attend this program.

Only pay for children. Grandparents are free!

MUST REGISTER BY NOVEMBER 10TH, DECEMBER 8TH, JANUARY 5TH, FEBRUARY 9TH

MOM & ME COOKIE DECORATING

Wednesday December 6th

10:00am-11:00am

\$8 Resident \$12 Nonresident

Ages: 3-5 (w/adult)

Freedom Activity Center

Let's get the cookie season started! A variety of yummy toppings will be available to create fun holiday themed cookies. All materials and cookies will be provided. We will be decorating sugar cookies with icing and more!

An adult must remain with child.

MUST REGISTER BY DECEMBER 1ST



IT'S "SNOW" BEAUTIFUL

Friday January 12th

10:00am-11:00am

\$8 Resident \$12 Nonresident

Ages: 3-5 years

Freedom Activity Center

Enjoy all things snowy in this program! Create a snowy scene art project, make a melted snowman, have an indoor snowball fight. See what cool fun you can create in this entertaining program. This program is without an adult.

MUST REGISTER BY JANUARY 8TH



Youth Programs

Register online at:

www.chicagoridgeparks.com



WINTER ART CLASS
Wednesdays January 3rd-17th
4:30pm-5:15pm
Ages: 6-9 years
\$25 Resident \$36 Nonresident
Freedom Activity Center

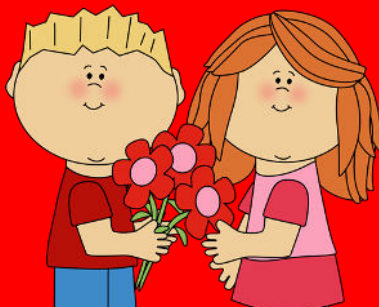


Artists in this program will create fun and unique pieces each week. We will create projects with chalk, paint, oil pastels and more. Please dress for a mess! All materials will be provided.

MUST REGISTER BY DECEMBER 31ST

BUGS! BUGS! BUGS!
Tuesday January 30th
9:30am-10:30am
\$8 Residents \$12 Nonresident
Ages 2-4 (w/adult)
Freedom Activity Center

Does your child love all things creepy and crawling? Sign up for this 60 minute class that focuses on bugs. We will learn about a few different bugs as well as recreate some with art supplies and play some bug themed games. **Pay only for each child (adults attend for free).**
MUST REGISTER BY JANUARY 26TH



KID VALENTINES PARTY
Monday February 12th
4:30pm-6:00pm
\$10 Resident \$15 Nonresident
Ages 5-10 years
Freedom Activity Center

Music, games, and crafts are in order for the most loving holiday. We will climb a rock wall, create a special valentine, play some games, and enjoy a valentine themed snack.

MUST REGISTER BY FEBRUARY 8TH



YOUNG ADVENTURER'S CLUB
Thursdays February 1st-22nd
4:00pm-4:45pm
Ages 4-8 years
\$8 Residents \$12 Nonresidents (each class)
Freedom Activity Center

Each week we explore a different part of the world through games, art, and stories. Learn how to find fossils, explore a jungle, upcycle to save the environment, and more. Have fun exploring the world we live in!

MUST REGISTER BY JANUARY 25TH

Actively Aging

ACTIVELY AGING BINGO

Ages: 55+

Join us at the Frontier Fieldhouse for lunch and bingo every 1st and 3rd Tuesday! There will be 10 games, plus a cover-all! Call Frontier Fieldhouse to reserve your spot! There will be NO transportation for these events. **YOU MUST REGISTER IN ADVANCE FOR THIS EVENT!**

Time: 11:30am-1:30pm

Fee: **FREE** for Chicago Ridge Residents

\$5 Nonresidents

Location: Frontier Fieldhouse

Dates and Lunch Menu:

November 7th: Beef Stew, Biscuits, & Dessert

November 21st: Sliders, Chips, & Dessert

December 5th: Hot dogs & Dessert

December 19th: Pizza & Dessert

January 2nd: NO BINGO

January 16th: Chicken Tortilla Soup & Dessert

February 6th: Nacho Supremes & Dessert

February 20th: Chicken Pot Pie Casserole & Dessert

March 5th: Beef Sandwiches & Dessert

March 19th: Chicken Fried Rice & Dessert

CANDY MAKING CLASS

Ages: 55+

Tuesday January 23rd

10:30am-11:30am

Frontier Fieldhouse

\$10 Resident \$15 Nonresident



Try something new and fun just in time for Valentines Day! Learn how to make chocolate candies. Each person will create candies similar to turtles and chocolate covered peanuts! (Exact candies are chosen by the instructor.)

ACTIVELY AGING MUSIC BINGO

Join us at the Frontier Fieldhouse on the 4th Wednesday of each month for this popular bingo event. Songs from the 50s-70s are played as you mark your card. Get a bingo and win a candy bar or other small prize. Light refreshments will be served. **YOU MUST REGISTER IN ADVANCE FOR THIS PROGRAM BY CALLING 708-423-3959.**

Time: 10:30am-12:00pm



November 29th

December 27th

January 24th

February 28th

March 27th

ACTIVELY AGING CHRISTMAS PARTY

Thursday December 14th

Time: 11:00am-1:30pm

Fee: \$7 Residents \$12 Nonresidents

Frontier Fieldhouse

We will begin our festivities with a few games of bingo before lunch. Lunch will be served at 11:30am. Dave "Elvis" Thomas will perform a show after lunch. Bring a \$5 grab bag gift if you would like to exchange one.

**MUST REGISTER BY
DECEMBER 10TH**



Pickleball

OPEN PICKLEBALL MORNINGS

Frontier Fieldhouse
Mondays, Thursdays, and Fridays
9:00am-1:00pm
\$3 Residents \$6 Nonresidents
\$2 Fitness Members
Free for Silver Sneakers Members (with enrollment)
6 indoor courts available !
Paddles available for use with ID

OPEN PICKLEBALL EVENING

Frontier Fieldhouse
Wednesdays
4:30pm-8:00pm
\$3 Residents \$6 Nonresidents
\$2 Fitness Members
Free for Silver Sneakers Members (with enrollment)
6 indoor courts available!
Paddles available for use with ID

NO OPEN PICKLEBALL THE 3RD WEDNESDAY
OF EACH MONTH!
INSTEAD, JOIN OUR TOURNAMENT!

WINTER PICKLEBALL TOURNAMENT

Frontier Fieldhouse
Wednesday January 17th
6:00pm
\$30 per team
Doors open at 5pm for practice

Compete in a double elimination tournament! Top 2 teams awarded prizes.

MUST REGISTER BY JANUARY 13TH

VALENTINES PICKLEBALL TOURNAMENT

Frontier Fieldhouse
Wednesday February 21st
6:00pm
\$30 per team
Doors open at 5pm for practice

Compete in a double elimination tournament! Top 2 teams awarded prizes.

MUST REGISTER BY FEBRUARY 17TH



Cardio Drumming Class!



Day: Wednesdays

Time: 9:30am-10:15am

Place: Frontier Fieldhouse

Fee: See below

Cardio drumming is a fun new way to exercise! It's drumming on a stability ball to fun music, with dance moves thrown in! And it has so many healthful benefits! The best thing is you don't have to be a skilled drummer to have a blast in this class! If you love moving to good music, come join us!



Purchase a punch pass and attend on your schedule!

	5 CLASSES	10 CLASSES	1 CLASS
RESIDENT	\$25.00	\$50.00	\$5.00
NON-RESIDENT	\$35.00	\$70.00	\$7.00

Passes are good for one year. Passes are non-refundable and non-transferable.

Please call ahead to check availability and to reserve your spot.

708-423-3959

Instructor: Gayle Dunterman

Zumba Class



PUNCH PASSES!

Not sure what days you can get in your Zumba dance workout? No problem!

With the Zumba Punch Pass, you pay for a set number of days (5 or 10),
and come when you can! Passes must be purchased

1. On our website (ready for pick up at your first class) or
2. At the Frontier Fieldhouse 9807 S. Sayre Avenue (made while you wait).

(Passes cannot be purchased at the door).

	5 CLASSES	10 CLASSES	1 CLASS
RESIDENT	\$35.00	\$70.00	\$10.00 (must bring exact cash)
NON-RESIDENT	\$45.00	\$90.00	\$10.00 (must bring exact cash)

Passes are good for one year. Passes are non-refundable and non-transferable.

Classes are held Tuesdays and Thursdays 6:00pm-7:00pm

at FREEDOM ACTIVITY CENTER

Instructor: Gayle Dunterman

Frontier Park Fieldhouse

9807 S. Sayre Avenue / (708) 423-3959

FRONTIER FIELDHOUSE HOURS

Monday through Thursday 9:00am-8:00pm

Friday 9:00am-5:00pm

Saturday and Sunday 8:00am-12:00pm

Frontier Park Fieldhouse offers a variety of amenities geared toward every aspect of physical fitness with something to offer everyone.

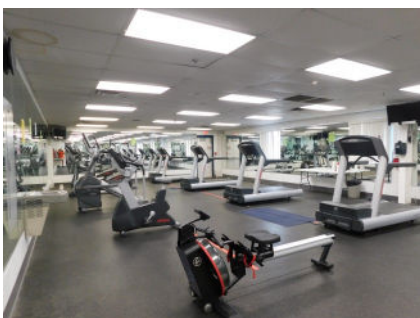
The fitness center equipment by LifeFitness includes:

- Twenty (20) cardio machines including: cross trainers, treadmills and stair steppers
- Two (2) rowing machines
- Upper and lower body strength training equipment
- Two (2) separate rooms to utilize
- Four-lane walking track



****Proud participant of Silver Sneaker Fitness Program**

Please call
(708) 423-3959
for details**



Annual Membership	Resident (Discounted Rate)	Non-Resident
Individual (16 & Over)	\$140	\$275
Additional Adult	\$115	\$210
Senior (55 & Over)	\$85	\$145
Additional Senior	\$55	\$115

6-Month Membership	Resident (Discounted Rate)	Non-Resident
Individual (16 & Over)	\$100	\$210
Additional Adult	\$85	\$175
Senior (55 & Over)	\$55	\$120
Additional Senior	\$35	\$85
Daily (18 & Over)	\$5	\$10
10-Vist Punch Pass (18 & Over)	\$40	\$80