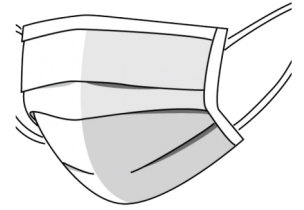


WHAT WE ASK OF YOU

1. Members must arrive in their workout attire and bring their own water bottle.



2. We require that you wear a mask AT ALL TIMES when in the facility, even during workouts.



3. You must fill out a SCREENING SHEET each time you use the facility.

4. Maintain at least 6 feet of distance between you and other members.



5. Please wipe down every piece of equipment you use BEFORE and AFTER each use. Disinfecting supplies will be provided.



6. Practice FITNESS distancing by keeping one piece of equipment between you and the next member while working out.

7. MOST IMPORTANTLY, IF YOU ARE EXPERIENCING ANY SYMPTOMS OF COVID-19, STAY HOME. Symptoms include fever, chills, muscle pain, shortness of breath or difficulty breathing, cough, sore throat, and or loss of taste or smell.